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Approved for 6.00 Oklahoma Social Work CE credits.

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**COLLEGE OF MEDICINE**  
*The UNIVERSITY of OKLAHOMA HEALTH SCIENCES CENTER*

In-Person

**Essentials of Pediatric Palliative Care**  
**Monday, April 24, 2023**

LOCATION: OU – Tulsa Schusterman Center, Perkins Auditorium, 4502 E. 41<sup>st</sup> Street, Tulsa, OK 74135

## AGENDA

8:00 – 8:30 am	Check-In and Record Attendance On-Site Registration
8:30 – 8:45 am	Welcome, Introductions, and CE Housekeeping
8:45 – 9:45 am	“Introduction to Pediatric Palliative Care” Presenter: Rachna R. May, MD Director, Pediatric Palliative Care Oklahoma Children’s Hospital – OU Health
9:45 – 10:45 am	“Assessing Medical Goals of Care and Revising Goals over Time” Presenter: Kathy Perko, RN, MS, PPCNP-BC, CHPPN, CPLC, CPON, FPCN, FAPHON Pediatric Clinical Track Director Palliative Care Training Center University of Washington; Seattle, Washington
10:45 – 11:00 am	Break
11:00 am – 12:00 pm	“Pain and Symptom Management in Children” Presenter: Kathy Perko, RN, MS, PPCNP-BC, CHPPN, CPLC, CPON, FPCN, FAPHON Pediatric Clinical Track Director Palliative Care Training Center University of Washington; Seattle, Washington
12:00 – 12:30 pm	Lunch Break
12:30 – 1:30 pm	“Perinatal Palliative Care” Presenter: Mary Browning, MS, APRN, CPNP-AC Director, Perinatal Palliative Care Oklahoma Children’s Hospital – OU Health
1:30 – 2:30 pm	“Grief and Loss – Tips and Tricks to Support Families after the Death of a Child” Presenter: Cari D. Epperson, MSW Social Services Oklahoma Children’s Hospital – OU Health
2:30 – 2:45 pm	Break
2:45 – 3:45 pm	“Wellness – Balancing Caring for Your Patient with Care for Yourself” Presenter: Rachna R. May, MD Director, Pediatric Palliative Care Oklahoma Children’s Hospital – OU Health
3:45 – 4:00 pm	Conclusion

## REGISTRATION

- The Essentials of Pediatric Palliative Care is available ***IN-PERSON*** only.
  - Registration is **FREE**; however, you must be registered to attend.
  - To register for the Inaugural Essentials of Pediatric Palliative Care visit the following link: [OU College of Medicine Office of Continuing Professional Development](#).
  - Registration fee includes course materials, syllabus, and CE credit.
  - Online registration will close at Noon on Friday, April 21, 2023.
  - On-site registration is available from 8:00 am – Noon on Monday, April 24, 2023 in the Schusterman Center, Perkins Auditorium.
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### Activity Description:

Essentials of Pediatric Palliative Care is a one-day course aimed at community pediatric providers, including physicians, APRN's, nurses, and social workers. The course is taught by the pediatric palliative care team at Oklahoma Children's Hospital. The four members of this team have a combined 18 years of experience in this field and are the only full time, full service pediatric palliative care providers in the state of Oklahoma. The six lectures comprising the course were specifically curated to be high yield to a community pediatric practice. Speakers will utilize didactic teaching with case-based learning and pre and post surveys to assess understanding. The purpose of this course is to improve the care of chronic, complex pediatric patients in the community setting by equipping community caregivers with skills to better care for this population by addressing well known clinical practice gaps.

### Intended/Target Audience:

Advanced Practice Registered Nurses (APRNs), Clinical Nurse Specialist (CNS), Family Medicine, Non-Physicians, Nurse, Nurse Practitioner (NP), Physician, Physician Associate/Assistant, Registered Nurse (RN), Resident, Social Worker

### Overall Professional Practice Gap(s):

As the care for children with complex illness improves, more of these complex patients are cared for by community-based providers. There is a gap in the ability to care for these children, as their needs and care paradigms are different from healthy children. Palliative care education was not a part of most providers' training. This course will use didactic education with case-based examples to illustrate palliative care principles that can be easily utilized by community-based providers.

### Overall Learning Objectives:

Upon completion of this activity, participants will improve their competence and performance by being able to:

1. Describe perinatal and pediatric palliative care and when to refer a patient for these services.
2. Identify methods to support children with life threatening illnesses in a community-based practice by developing goals of care, managing symptoms that are commonly experienced by children with chronic illness, and supporting families through their experience with grief.
3. Identify factors that contribute to caregiver burnout when caring for sick children and how to modify these factors to prevent burnout.

### Accreditation Council for Graduate Medical Education (ACGME) American Board of Medical Specialties (ABMS) Competencies:

- Interpersonal and Communication Skills
- Medical knowledge
- Patient Care
- Practice-based Learning and Improvement
- Professionalism

### Physician Continuing Education

#### **ACCME/AMA PRA Accreditation Statement:**

The University of Oklahoma College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of 6.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nursing Continuing Education

#### **ANCC (American Nurses Credentialing Center) Accreditation Statement:**

OU Medicine, Inc. is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.

6.00 CNE contact hours will be awarded for meeting the following criteria: 90% attendance of conference, completion and submission of evaluation form.

This educational activity does not include any content that relates to the products and/or services of a commercial interest that would create a conflict of interest.

### Social Worker Continuing Education

#### **Accreditation Statement:**

**Social Work CEU Statement:** OU Medicine, Inc., Case Management Department is accredited as a provider of social work CEUs by the Oklahoma State Board of Licensed Social Workers. This Educational Activity has been approved for 6.00 hr. CEUs. Provider # 20220370.

#### **Mitigation Statement:**

The University of Oklahoma College of Medicine, Office of Continuing Professional Development has reviewed this activity's speaker and planner disclosures and has mitigated all relevant financial relationships with ineligible companies, if applicable.

#### **Policy on Faculty and Presenters Disclosure:**

It is the policy of the University of Oklahoma College of Medicine that the faculty and presenters identify all financial relationships with ineligible companies relating to the topics of this educational activity, and also disclose discussions of off-label or investigational drugs/devices and/or therapies during their presentation(s).

#### **Cost Disclosure Statement:**

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#### **Acknowledgement of Commercial and In-Kind Support:**

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Inquiries regarding non-discrimination policies may be directed to the Office(s) of Institutional Equity as may be applicable - Norman campus: (405) 325-3546/3549, Health Sciences Center: (405) 271-2110, or OU-Tulsa Title IX Office: (918) 660-3107. Additionally, individuals may visit <https://www.ou.edu/eoo>.

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**Accommodation Statement:**

For accommodations, please contact Allison Long at (405) 271-1456 or [Allison-Long@ouhsc.edu](mailto:Allison-Long@ouhsc.edu) as soon as possible.

**Planning Committee Members:**

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